



The Disability **A**dvisory **C**ommittee (DAC) of the California Department of Food and Agriculture (CDFA) is pleased to host a lunch time Zoom event on mental health.

NAMI Sacramento, the local Affiliate of the National Alliance on Mental Illness, will be our presenting organization

NAMI "In Our Own Voice"

Presenter: Doug Smith, Peer Programs Manager & Crisis Intervention Training Coordinator (<u>doug@namisacramento.org</u>)

12 Noon to 1:00 pm. Thursday, August 11, 2022

Zoom details: Link: <u>https://us06web.zoom.us/j/89725623700</u> Meeting ID: 897 2562 3700 Passcode: DAC-NAMI-8

About Our Event

NAMI's presentations create a space for discussion about mental health the conversations challenge stereotypes and misconceptions about people with mental health conditions. In sharing their personal stories of recovery, the presenters offer hope. They show that people with mental health conditions can have full meaningful lives.

About NAMI

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

For further questions about this event, email Peggy Blincoe (peggy.blincoe@cdfa.ca.gov)

