Starting your own backyard chicken flock?

In this coloring book, Dr. Cluck will teach you and your family how to best care for your new chickens!

Developed by the University of California Cooperative Extension (UCCE) and the California Department of Food and Agriculture (CDFA)
Hi there, I’m Dr. Cluck, I’m a chicken veterinarian and heard you want to raise backyard chickens! Well you came to the right place. In this book, we’ll discuss all sorts of things including:

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Deep chicken thoughts: Chickens are fun, but please be responsible if you decide to raise them. Remember that if your chicken gets sick, she could spread her illness to other birds. Let’s all do our part to keep all California chickens healthy!
Do Your Homework!

Before you buy your chicks or chickens:

1. First, find out if your city allows chickens
2. Set up a brooder (see page 4)
3. Set up a coop and fence it off (see page 6)
4. Purchase feed for chicks or chickens
5. Have a secure storage container for the feed
6. Read as much as you can about chickens!

**Note:** Chickens are social animals, meaning they like to hang out with other chickens. So, if you want happy and healthy chickens make sure to get more than one!

You also want to find a veterinarian who treats chickens!

Not all veterinarians treat chickens, so plan ahead and find one who routinely cares for chickens! Our UC Cooperative Extension Poultry website ([bit.ly/PoultryVets](http://bit.ly/PoultryVets)) has a growing list of private veterinarians who treat poultry in California.

Some veterinarians specialize in birds. If you want an expert, ask if your veterinarian has the following credentials:

- **ACPV:** American College of Poultry Veterinarians
- **ABVP:** American Board of Veterinary Practitioners (certified in Avian Practice)

**Chicken giblets #1:** How do you know the color of eggs that your chicken will lay?

Answer: By the color of their ears
Setting Up and Maintaining a Brooder

For the first 6–8 weeks of their lives, chicks need to live indoors (ex. your garage, laundry room or some other well-ventilated, temperature-controlled area).

What is a brooder?
A brooder is a big box with minimum 18 inch sides, lined with ‘litter’ (wood shavings, straw, etc.). Change the litter frequently to reduce odor.

What is in a brooder?
- A heat source (usually a heat lamp)
- A water source
- A feeder with chick feed

Make sure pets and youngsters don’t have access to the brooder area. The heat lamp is very hot! Work carefully under adult supervision.

Brooder Basics

Image adapted from www.ecopeanut.com

**Chicken giblets #2:** How many weeks does it take a female chick to mature and lay eggs?

Answer: Approximately 18–24 weeks
Where to Pick Up Some Chicks

Buy chicks from a hatchery or a local feed store that buys chicks from a hatchery that is part of the National Poultry Improvement Plan (NPIP) or performs similar testing. This means they test the birds to make sure they are free of certain diseases.

Questions to ask yourself before buying chicks:
• What size chicks do I want? Standard or small (bantam)?
• What breed(s) do I want? “Fancy” or “common”?

Questions to ask the store before buying chicks:
• Were the chicks vaccinated against any diseases?
  • All chicks should be vaccinated against Marek’s disease
  • Ask your poultry vet about which additional vaccines they recommend for you
• How old are the chicks?

Popular Chicken Breeds

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<th>Cool Factoid</th>
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<tr>
<td>Ameraucana</td>
<td>Lay blue eggs</td>
</tr>
<tr>
<td>Australorp</td>
<td>Calm and docile</td>
</tr>
<tr>
<td>Leghorn</td>
<td>Great at laying a lot of eggs, but can be flighty</td>
</tr>
<tr>
<td>Rhode Island Red</td>
<td>Hardy in heat and cold</td>
</tr>
</tbody>
</table>

What kind of chicks will you pick?

Chicken giblets #3: How many different breeds of chickens are there?

Answer: Over 150
How to Take Care of New Chicks

1. Make sure the brooder is set up so the new chicks can be put right in the brooder.
2. Have fresh water and clean chick feed available at all times.
3. Wash your hands with soap and water or use hand sanitizer before and after handling the birds.
4. Isolate (quarantine) any sick birds ASAP!

What to Feed Chickens

1. For the first 6–8 weeks, chicks in the brooder should be fed ‘chick’ feed, also called chick starter.
2. After 8 weeks of age, feed the chickens a standard layer ‘crumble’ or ‘pellet’ feed.
3. As a treat, give chickens a small amount of chicken scratch (mixture of whole grains and cracked corn), but it should not replace their regular diet.
4. Keep your feed in a waterproof, secure container that won’t attract other rodents and vermin.

Chicken giblets #4: How many days does it take a chick to hatch?
Answer: 21 days
How to Set Up a Chicken Coop

When the chicks are 6-8 weeks old, they are ready to live outside in a coop. A recent survey among chickens found out that 9 out of 10 happy chickens like a well designed coop and living area which contains:

**Fencing** – To prevent unwelcome visitors like rodents or other animals from getting in, and to make sure the chickens don’t get out. Make sure there is fencing surrounding and covering the area where the chickens live.

**Shelter area** – A shelter, such as a coop, protects chickens from extreme weather. Aside from shelter, chickens should have access to sun and shade in order to stay cool or keep warm depending on the weather.

**Nest box** – Inside the coop there should be a nest box where the hens typically lay their eggs.

**Scratch area** – Chickens like an area to peck and scratch at

**Perch** – Birds like an area to be off the ground to rest

**Feed and water area** – Make sure there is enough room for all the birds to have access to both food and water.

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**Chicken giblets #5:** What does Alektorophobia mean?

**Answer:** The fear of chickens
What is Biosecurity and Why is it Important?

**Biosecurity** - is any practice that reduces the risk of introducing disease to your flock or other flocks.

Basically, how we prevent chickens from getting ‘cooties’ (germs) and giving ‘cooties’ (germs) to other animals and humans.

*Try thinking of your backyard flock as a farm. Make sure you don’t track germs between farms, even if it’s your neighbors ‘farm’!*

**Sources of disease**
1. Animals (both domestic and wild)
2. People
3. Feed
4. Water
5. Fomites: objects (such as containers, shoes, tires, and tools) that can transmit germs

**It’s dangerous out there!**
Viruses, bacteria, and parasites are all over the place. Are you practicing good biosecurity to prevent diseases from entering your flock from these sources?

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**Chicken giblets #6**: Why did the chicken cross the playground?

Answer: To get to the other slide!
Biosecurity for Backyard Chickens

How to keep your chickens healthy before they get sick

Here are some biosecurity tips to keep your flock healthy:
1. Wash your hands with soap and water or use hand sanitizer before and after working with chickens.
2. Use foot baths before entering and exiting the fenced off coop area. A foot bath is a container with an approved disinfectant to disinfect shoes. Make sure to maintain a clean footbath. Disinfectants don’t work if the footbath is dirty!
3. …or have designated ‘coop boots’. These will be the only shoes that go into your chicken area, and they won’t go anywhere else.
4. Don’t allow wild animals to come in contact with your chickens!
5. If you have a sick bird isolate it (quarantine) and contact a veterinarian (see page 2).

Note: to learn more about biosecurity and ways to protect your birds, visit bit.ly/BirdBiosecurity

Chicken giblets #7: True or False: Chickens can get diseases from humans and humans can get diseases from chickens.

Answer: True
What do I do if my Chicken Gets Sick?

Who to contact about a sick bird
1. Call your veterinarian (see page 2)
2. Call the Sick Bird Hotline: 866-922-BIRD (2473)
3. Call your local California Animal Health and Food Safety Lab (CAHFS). There are four laboratories in the state with veterinarians that are experts in diagnosing animal diseases (page 30).
4. The California Dept. of Food and Agriculture (CDFA) has offices throughout the state with veterinarians who can help (page 30).

Signs that birds are sick:
1. Sudden death
2. Diarrhea
3. Decreased or loss of egg production
4. Inactivity or listlessness
5. Sneezing, coughing

How to Check the Health of Your Bird

- Comb is red
- Dry nostrils
- Eyes clear and bright
- Feathers below the vent are clean
- Scales are smooth and not crusty
- Toes not crooked or twisted

Chicken giblets #8: What is the normal body temperature of a chicken?

Answer: 102-103°F
What Diseases Can my Chicken Get?

Common avian diseases:
There are too many to list. For purposes of this book we’ll just focus on the biggies!

- Marek’s Disease
- Avian Influenza
- Salmonellosis
- Newcastle Disease
- Avian Pox
- Infectious Bronchitis
- Necrotic Enteritis
- Coccidiosis

For purposes of public health, animal diseases can be broken down into 2 categories:
1. **Zoonotic**: diseases that can be transferred to humans
2. **Epizoonotic**: diseases that can not be transferred to humans

Remember, regardless of the disease, **biosecurity is essential** in protecting your birds and your family!

**Chicken giblets #9**: Chickens don’t have teeth; the gizzard (formally known as the ventriculus) is used to grind up food in a similar way that teeth do.
What Diseases Can my Chicken Get?

Marek’s Disease

Marek’s Disease is caused by a virus.
1. It is epizoonotic (What does that mean again? See page 10.)
2. It is the most common disease of backyard birds
3. It is transmitted primarily by feather ‘dust’

**Symptoms:** weakness or paralysis

**Note:** Good news! Marek’s disease is almost 100% preventable if you have your birds vaccinated against Marek’s in the hatchery or the day they hatch (ask your pet store or supplier of chicks if they vaccinate).

*Check to make sure your birds are vaccinated before you bring them home!*

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**Chicken giblets #10:** The town of Chicken, Alaska (population 7) was supposed to be named after a type of grouse, but the founders did not know how to spell it. Can you?

Answer: Ptarmigan
What Diseases Can my Chicken Get?

Avian Influenza

Avian Influenza or “Bird Flu” is caused by a virus
1. There are many different types of Avian Influenza- some more serious than others.
2. All chickens get very sick if they get it and it is often very contagious.
3. The United States of America has not had any types of Avian Influenza that has made people sick- but there is always a risk, so use proper biosecurity (What is this again? See page 7).
4. Wild birds are the biggest risk because they can carry the virus, but look completely healthy- so keep them away from your chickens!

Symptoms: depression, loss of appetite, diarrhea, soft/misshaped eggs, mortality, or none.

Do you think your chicken might have the flu?

Call the Sick Bird Hotline at:
866-922-2473

Chicken giblets #11: True or False: Birds are dinosaurs.

Answer: True
What Diseases Can my Chicken Get?

Salmonellosis

Salmonellosis is caused by a bacteria called *Salmonella*
1. There are many species of Salmonella bacteria that can live in your chickens
2. Chickens can live without any signs of Salmonella, but people can get sick from coming into contact with it.
3. Rodents can carry it and spread it to your birds.

**Symptoms:** depression, not eating, diarrhea, lameness, mortality, or none.

Wondering if your chickens have pathogenic *Salmonella*?
Contact your local CAHFS lab (page 30) to learn what you can do!

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**Chicken giblets #12:** What country has the highest egg consumption in the world?

*Answer:* Mexico
What Diseases Can my Chicken Get?

Avian Pox

Avian pox is caused by a virus.
1. It is epizoonotic (What does that mean again? See page 13.)
2. The virus is typically spread by mosquitoes or by contact with the scabs
   1. Focus on mosquito control
   2. Scabs contain lots of virus so don’t pick at them and then touch other birds!
3. There is no cure, but birds typically recover from symptoms in 2-4 weeks

**Symptoms:** small scabs or blisters on non-feathered portions of the chickens body, decreased egg production, weight loss, loss of appetite

**Note:** consider vaccination IF Avian Pox has been demonstrated in your area. Consider using both the avian pox and pigeon pox vaccine to get adequate coverage.

**Chicken giblets #13:** Are chickens the only bird species that get avian pox?

Answer: Most bird species can get avian pox including pigeons, parrots, song birds, turkeys, and quail.
What Diseases Can my Chicken Get?

**Ectoparasites**

What is an *ectoparasite*? An animal that survives by feeding on or living on another animal without killing it (“ecto” means “outside”). **Chicken Ectoparasites** are insects or mites that use chickens (not people) for food or shelter.

**There are 2 main types of ectoparasites**

1. **On-host**: these live AND feed on the chicken
   - Ex: *Northern Fowl Mite*, *lice*, *sticktight flea*
2. **Off-host**: these live in the chicken house and feed on the chicken
   - Ex: *Chicken Red Mite*, *bed bug*

**Where should you look for ectoparasites?** Well, it depends!

- Different *lice* are found on different chicken body parts. Most of them just feed on *feathers*, though some can feed on blood.
- The *Northern Fowl Mite* is very common and is usually found in the vent of the chicken. These feed on *blood*, lay their eggs, and develop in the feathers by the vent.
- *Sticktight fleas* attach to the face of the chicken where they feed on *blood*.

![Diagram of chicken with labeled ectoparasites]
Preventing Ectoparasites

**Sticktight flea** adults live on chickens, but the immatures (larvae) live in the bedding or litter of the hen’s house. Clean this area regularly to help prevent fleas.

**Chicken body lice** and other lice species only live on chickens. Make sure you check new birds before introducing them to your flock!

**Northern fowl mites** and other mite species are found on lots of birds, and can be introduced to your chickens by wild birds and their nests. Keep your chickens away from these sources of contamination.
Food Safety

Like all foods, people can get food poisoning from eggs. Here are a couple of handy pointers for the safe handling of eggs:

**Collection:** Collect the eggs at least 2 times each day. Discard eggs with cracks or holes.

**Storage:** Store eggs in a refrigerator at 35-40° F. Eggs that are properly refrigerated and handled can be stored and used for about 6 weeks.

**Preparation:** Cook eggs until yolks are firm and whites are ‘set’, and cook foods containing raw eggs to 160° F.

**Chicken giblets #14:** How often, in hours, does an average hen lay an egg?

Answer: Every 26 hours.
Heavy Metal Contamination in Chickens

Heavy metals in the environment
Many naturally occurring metals can cause health effects in chickens and humans when consumed in excessive amounts. These include lead, arsenic, cadmium, mercury, nickel, and copper. Human activities have lead to increased heavy metal levels in the environment.

Threat to chickens
Chickens can ingest heavy metals from foraging in their environment if the heavy metals are found there. Different metals have different ways of being absorbed into the body. For example, Pb particles can dissolve in the digestive tract and get into the blood, and build up in your chickens liver/kidneys. Heavy metal toxicity in birds can cause a variety of symptoms and even sudden death.

What can I do?
Evaluate chicken areas (coop, runs, free-range areas, etc.) for other potential sources of heavy metals, and/or test these areas for heavy metals. California Environmental Laboratory Accreditation Program accredited laboratories can analyze soil samples using approved methods. The California Animal Health and Food Safety laboratories can perform necropsies or test eggs or chicken feed for heavy metal levels.

Note: more information can be found at bit.ly/HVMresources

Chicken giblets #15: On which side does the chicken have the most feathers?
Answer: On the OUTSIDE!
Color my parts

Then look at the next page to see what they do!
Chicken Anatomy

**Brain**: The “boss” of the body that controls all bodily functions

**Beak**: Picks up food, secretes saliva, moistens food since chickens don’t have teeth to chew

**Trachea**: Carries air to the lungs

**Lungs**: Connected to the trachea and bring oxygen to the blood

**Esophagus**: Carries food from the beak to the crop

**Crop**: Stores food and water before it’s goes to the proventriculus

**Proventriculus**: Digestion begins

**Gizzard**: Grinds food to break it down into smaller pieces

**Intestines**: Completes digestion and nutrient absorption

**Heart**: Pumps blood and supplies oxygen to the muscles

**Kidney**: Filters blood and produces urine

**Pancreas**: Aids in digestion

**Ovary**: Holds the eggs before they are laid

**Oviduct**: Path that an undeveloped egg takes to develop into the shelled egg that we recognize

**Cloaca**: Where eggs, feces, and urine exit the body

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**Chicken giblets #16**: Which of the 15 different “parts” are present in poultry and not humans? (Hint: there are five of them!)

Answer: Beak, Crop, Proventriculus, Gizzard, Cloaca
Anatomy of a Chicken

Where does the golden egg come from?

Hens (female chickens) lay eggs with or without the presence of a rooster (male chicken). That’s good to know since roosters are illegal to keep in many communities!

Photo from poster in Norfolk Zoo, VA

Chicken giblets #17: How big is a chickens bladder?

Answer: Trick question: chickens don’t have bladders!
Anatomy of an Egg

<table>
<thead>
<tr>
<th>Structure</th>
<th>Why do developing chicks need it?</th>
<th>Why do we like it?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Egg yolk</td>
<td>Important source of nutrition for the developing chick</td>
<td>Gives baked goods a smooth and creamy structure</td>
</tr>
<tr>
<td>Egg white</td>
<td>Helps protect the developing chick</td>
<td>Essential for a good soufflé!</td>
</tr>
<tr>
<td>Shell</td>
<td>Helps protect the developing chick while allowing for exchange of oxygen and carbon dioxide</td>
<td>Good for composting</td>
</tr>
<tr>
<td>Chalaza</td>
<td>Holds the yolk centered in the egg</td>
<td>Looks like a bungee cord</td>
</tr>
<tr>
<td>Air Sac</td>
<td>Source of air for chick</td>
<td>Size indicates the age of the egg (older eggs have larger air sacs)</td>
</tr>
</tbody>
</table>

How do I get more eggs from my hens?

Healthy hens produce eggs while stressed and sick hens do not. So, keep hens healthy and keep them in a comfortable, calm environment.

‘Broody’ hens (hens that sit on their eggs for long periods of time) stop laying eggs. To prevent this behavior, remove the eggs from the nest box at least twice daily.

Chicken giblets #18: When are chickens more likely to lay eggs, as daylight increases or as daylight decreases?

Answer: As daylight increases.
Anatomy of an Egg

Based on what you just read, identify the following parts of an egg:

A. _______

B. _______

C. _______

D. _______

E. _______

Extra credit: About ____ million laying hens produce some ____ billion eggs each year in the United States.

Matching:
A. Egg white
B. Air sac
C. Yolk
D. Chalaza
E. Shell

Extra Credit: 240 million hens and 50 billion eggs.

Chicken giblets #19: What are a male and female chicken called?

Answer:
The Importance of Egg Candling

**Egg candling** is when you shine a light through an egg to see what is going on inside.

If you are incubating eggs:

1. Candling can help you determine if your eggs are fertile, infertile or if they stopped developing.
2. Ideally you want to candle your eggs at day 7, 10 and 18 of incubation.
3. Remove eggs that are clear (free of blood vessels) at day 7 of incubation as these are infertile.
4. Remove eggs that have a single blood ring around the bottom of the egg, gas bubbles or stopped developing between candlings as these are signs of death.

### Incubation Timeline

**Day 7**
Blood vessels should be forming against the shell and the embryo (quarter-sized dark spot in the center) should be visible.

**Day 10**
Should look similar to day-7 egg but with a larger embryo.

**Day 18**
The embryo should be so big that it is blocking the light, making the blood vessels less apparent. The egg will appear mostly dark with the exception of the air cell.

**Note:** The incubation process promotes bacterial growth and gas formation in dead or infertile eggs that can eventually cause them to explode, turning them into “ticking time bombs!” Avoid contaminating your incubator and the rest of your eggs by candling and discarding infertile or dead eggs right away.

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Fertile  
[Image link to fertile egg]  
Pic from cemanifarms.com.

Infertile  
[Image link to infertile egg]  
Pic from backyardchickens.com.

Blood ring  
[Image link to blood ring]  
Pic from backyardchickens.com.
Candling for Egg Quality and Freshness

If you are consuming your eggs, candling can help you determine egg quality and make some egg abnormalities more apparent. These are just a few examples:

1. **Blood spot eggs:** Occasionally during egg formation, blood vessels in the yolk or oviduct rupture causing blood spots to form.

2. **Checked egg:** an egg with a broken shell or crack but with the shell membranes still intact (not leaking).

There are other parameters (ie. shell quality) to consider when determining egg quality but in general you can determine egg freshness from the air cell depth (length from egg white to large end of the egg):

- AA - 1/8 in. or less in depth
- A - 3/16 in. or less in depth.
- B - over 3/16 in. in depth.

There are different types of egg candlers out there. You can even use a flashlight on a cell-phone or make one yourself. Regardless of the type you use, you are sure to have lots of fun candling! But, for the most part, commercial egg candlers are easier to use because they are brighter than regular flashlights and have adapters specifically for working with eggs (ie. candler shown to the left).
DIY Egg Candler

Instructions and pictures from CamDAx’s post on instructables.com.

Materials

- LED flashlight
- Empty toilet paper or paper towel roll
- Electrical tape

1. Wrap tube with electrical tape to prevent light from leaking. The size of the tube depends on the type of eggs you are candling (quail vs. chicken eggs). Basically, you want the tube big enough for the egg to fit snuggly on top. A paper towel or toilet paper tube is probably just right for chicken eggs.

2. Insert the LED flashlight into the tube and wrap more electrical tape if needed. Make sure you can turn the power switch on and off without having to take it apart.

3. To candle, it is best to go to a darkened room. Place the egg on the opening and you should be able to see inside the egg!
1. Hens produce around ¼ lb of poop a day!!! That’s a lot of chicken poop or ‘black gold’ for your garden if composted correctly!
2. IF managed correctly the birds can compost the manure using their natural scratching behavior
3. Make sure you have a carbon rich litter substrate such as straw or rice hulls where the birds live.
4. IF you also garden, consider collecting the litter and composting the litter-manure mix.

Types of composters

Be a Good Neighbor

Every city has different rules for Backyard chickens. Here are some basic rules of comb:

1. House your chickens in a clean and sanitary home.
2. IF at all possible keep the enclosure at least 20 feet away from neighboring residences.
3. Understand and follow your local ordinances

**Chicken giblets #20:** Chicken giblets: Why did the chicken cross the basketball court? Answer: She heard the referee calling fowl!
Brown egg or White eggs? As chicken giblet #1 states, we can figure out the color of the eggs the hen will produce based upon the hen’s ear color. However, there are no nutritional differences between brown eggs and white eggs.

When will my hens start producing eggs? As chicken giblet #2 states, most hens become sexually mature and begin laying eggs between 18-24 weeks of age. However, most chickens lay eggs as daylight increases (see chicken giblet #18). In addition, certain breeds are more sensitive to light than other breeds. Consequently, it may take longer depending on the season and the breed for a hen to start laying eggs. Reading and practical experience are the best way to figure this out!

All birds, including chickens, have no bladder (chicken giblet #17). This keeps them light which makes flying easier. Note: Most bird bones are hollow (pneumatic) for the same reason.
Other Resources

Don’t be a bird brain! Read and learn as much as you can!

Getting started and general information:
Avian Health Program (CDFA): bit.ly/AvianHealthProgram

Coop and brooder information:
www.feathersite.com

Biosecurity information:
Bird Biosecurity (USDA): bit.ly/BirdBiosecurity

Food safety information:
Salmonella in Eggs (CDC): bit.ly/SalmonellaInEggs
Backyard Egg Safety (U Wisc.): bit.ly/BackyardEggSafety

Contacts if you have sick birds:
CDFA Sick Bird Hotline: 866-922-2473
CAHFS: bit.ly/CAHFSlab or call: 530-752-8700

You can also email questions to Dr. Cluck at: DrCluck@ucdavis.edu
Who You Gonna Call?

For specific contact information go to: ucanr.edu/sites/poultry/contact/
Chicken School

Let’s talk AND learn chicken!

UC Davis periodically hosts different types of “chicken school” for veterinarians and other interested parties. Go to www.vetmed.ucdavis.edu/CE for more information.

Come join me, Dr. Cluck, and other bird brains at our next chicken school.

See above for all the details!
Interested in learning more about what University of California is doing with regards to poultry?

Sign up for our quarterly newsletter “Poultry Ponderings”

Sign up at ucanr.edu/sites/poultry/PP/
Dr. Cluck is not a quack

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Kids’ Corner

Fun EGGsercises to do with your kids!

Chickens are EGGcellent!
Chickenword Puzzle

Across:
1. Bunch of chickens
4. Name for a young female chicken
6. Name for a female chicken
7. Name for a male chicken
9. Part of an egg

Down:
2. Chicken sound
3. All birds have __________
5. Where chickens live
8. The outside of an egg
Help the chicken get back to her coop!
Unscramble the Scrambled Eggs

1. geg
2. hne
3. koyl
4. htcah
5. lehls
6. oymrbe
7. aekb
8. iecckhn
9. orcuibtna
10. ingsw
11. tapemertrue
12. izdeltirfe

1. __________________________
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12. __________________________
Eggzperiment #1: Spinning Eggs

You will need: 2 raw eggs, a pot, and a bowl.

1. Boil 1 egg in water for 10 minutes or until they are hardboiled.
2. Cool the egg under cold water, then chill in the refrigerator.
3. Spin the hardboiled egg then try spinning a raw egg!

**Question:** Which egg continues spinning after you stop spinning, and which one does not? Why do you think this is?

**Answer:** The raw egg still spins because the liquid inside keeps turning after you stop spinning. Because the hardboiled egg is attached to the shell, it doesn’t keep spinning.

Eggzperiment #2: Squishy Eggs

You will need: 1 raw egg, vinegar, and a large jar or lidded container.

1. Put a raw egg (in its shell) into the jar and cover it completely with vinegar.
2. Wait two days, then drain off the vinegar.
3. When you touch the egg, it will feel rubbery! Be careful not to break the egg membrane and wash your hands after touching the egg.

**Question:** Why is the egg squishy?

**Answer:** Vinegar is an acid that dissolves calcium in the eggshell. The flexible membrane just under the shell is thin, flexible, and healthy! With the hard calcium gone, you can squish your bones strong and healthy! The eggshell helps keep the eggs hard, and is also the same stuff that keeps calcium helps keep the eggs hard, and is also the same stuff that keeps calcium.
STEP 1: CUT OUT THIS SQUARE

STEP 2: FOLLOW THE ABOVE INSTRUCTIONS TO MAKE YOUR OWN ORIGAMI CHICKEN!
THIS IS THE BACK OF
THE ORIGAMI CHICKEN
Want a chance to have your art on our website? Draw your best chicken picture in the space above OR on a separate 8 \( \frac{1}{2} \)” by 11” sheet of paper and mail it to the address below.

Want a chance to have your bird photos featured in the CDFA Avian Health Calendar? Submit your best photos of birds (any kind) to the address below (more details on the CDFA website).

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