

## **INCIDENCE OF FOODBORNE DISEASES**

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(help from  
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## **Disease foodborne? Criteria:**

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“Food attribution” —

- ◆ Agent from patient(s) found in food (“fingerprinting”)
- ◆ Food consumption matches among patients

## **Disease foodborne?**

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Other criteria:

- ◆ “Fingerprints” match among patients
- ◆ Frequently foodborne disease
- ◆ Gastrointestinal symptoms

## **How do we know a disease is foodborne?**

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- ◆ Outbreaks vs. sporadic cases  
— recognition of common-source outbreaks
- ◆ Acute vs. chronic illnesses  
— acute vs. chronic exposures

## **PulseNet**

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- ◆ A national network of public health laboratories that perform DNA “fingerprinting” on bacteria that may be foodborne

## **PulseNet (cont.)**

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- ◆ Permits rapid comparison of these “fingerprint” patterns through an electronic database at the CDC

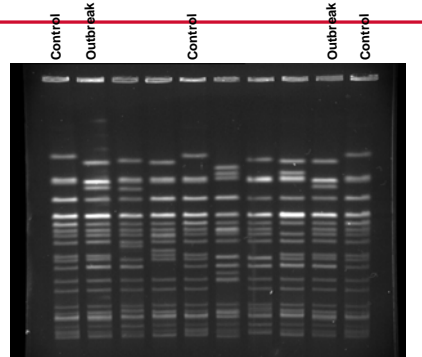
## PulseNet (cont.)

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- ◆ Allows identification of concurrent outbreaks across wide geographical areas and aids identification of common source outbreaks

## PFGE of *Xba*I-digested genomic DNA of *E. coli* O157:H7 “outbreak strain” — PulseNet

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## “At-risk” populations (~1990, CAST)

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Category            People ( $\times 10^6$ )

- ◆ Pregnant women            5.657
- ◆ Neonates                    4.002
- ◆ Elderly (>65)              29.400

## “At-risk” populations (~1990, CAST)

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Category            People ( $\times 10^6$ )

- ◆ In nursing homes            1.553
- ◆ Cancer (nonhospitalized) 2.411
- ◆ Organ transplant            0.110
- ◆ AIDS patients                0.135

## How are foodborne illnesses reported?

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- ◆ Reporting channels
- ◆ Compilation
- ◆ Reporting

## Reporting channels— from physician or ?

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- ◆ Levels of government; priorities
- ◆ Paper vs electronic
- ◆ FoodNet — data from diagnostic laboratories
- ◆ Outbreak suspected, investigated?

## Compilation

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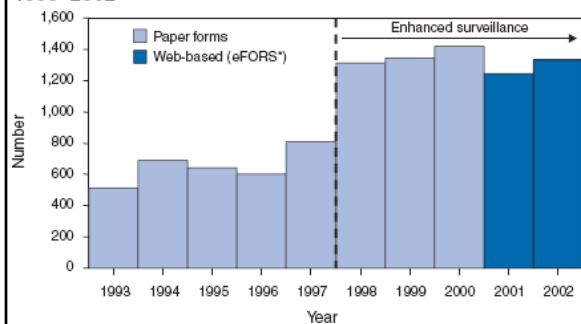
- ◆ Structure of information gathering
- ◆ Structure of information recording

## Reporting

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- ◆ Choice of "medium"
- ◆ Timing

FIGURE 1. Number of reported foodborne-disease outbreaks, 1993–2002



\* Electronic Foodborne Outbreak Reporting System.

## U.S. statistics on foodborne disease

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- ◆ Outbreaks only
- ◆ *Reported* incidence: outbreaks, cases, deaths
- ◆ "Causes": etiology, contributing factors

## U.S. statistics on foodborne disease

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- ◆ Seasonality, place food was eaten, vehicles (identity vs. "ethnicity")
- ◆ Undetermined etiology — **FoodNet**
- ◆ Estimates from CDC in *Emerging Infectious Diseases*

## Foodborne diseases active surveillance network

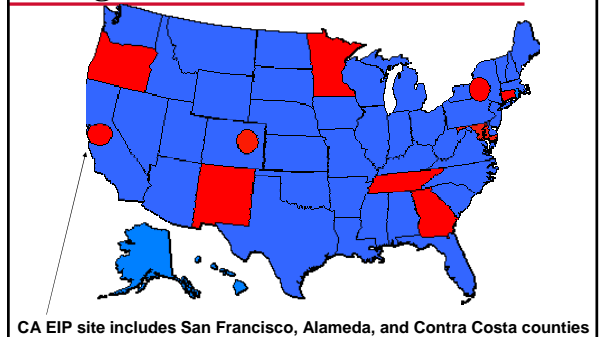
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- ◆ *Campylobacter*, *E. coli* O157, STEC non-O157, *Listeria*, *Salmonella*, *Shigella*, *Vibrio*, *Yersinia*, *Cryptosporidium*, *Cyclospora*, HUS
- ◆ **All clinical labs contacted at least monthly**

## “FoodNet”

- ◆ Collaborative effort between state health departments, USDA, FDA, CDC
- ◆ Principal foodborne diseases component of CDC’s Emerging Infections Program (EIP)
- ◆ Established in 1995 in four sites
- ◆ Currently 10 EIP sites with 41 million persons under surveillance

## Emerging Infections Program sites (FoodNet)



## FOODBORNE DISEASE OUTBREAKS, U.S., 1998–2002

	<u>Outbreaks</u>		<u>Cases</u>		Deaths No.
	No.	%	No.	%	
Bacterial	1184	17.8	37887	29.5	70
Chemical	221	3.3	1140	0.9	0
Parasitic	23	0.3	630	0.5	0
Viral	709	10.7	28274	22.0	0
Multiple	30	0.5	1060	0.8	0
Confirmed	2167	32.6	68991	53.7	76

## FOODBORNE DISEASE OUTBREAKS, U.S., 1998–2002

	<u>Outbreaks</u>		<u>Cases</u>		Deaths No.
	No.	%	No.	%	
Confirmed etiology	2167	32.6	68991	53.7	76
Undetermined etiology	4480	67.4	59389	46.2	12
Total (5 yr)	6647	100	128380	100	88

## BACTERIAL FOODBORNE DISEASE, REPORTED VS EST.

Species	Reported, 1998–2002	Estimated, annual
<i>Campylobacter</i>	1,440	1,963,141
<i>Clos. perfringens</i>	6,724	248,520
<i>Escherichia coli</i>	4,864	173,107
<i>L. monocytogenes</i>	256	2,493
<i>Salmonella</i>	16,821	1,341,873

## FoodNet data

Organism	1996– 1998	2005
<i>Campylobacter</i> (/10 <sup>5</sup> )	21.7	12.7
<i>E. coli</i> O157 (/10 <sup>5</sup> )	2.3	1.1
<i>Listeria</i> (/10 <sup>6</sup> )	4.9	3.0
<i>Salmonella</i> (/10 <sup>5</sup> )	13.5	14.6
<i>Shigella</i> (/10 <sup>5</sup> )	7.7	4.7

### ANNUAL (FOODBORNE?) CASES, U.S., BY SOURCE

Agent	Passive (1998– 2002)	Estimated (Mead et al., 1999)	FoodNet (2005, 3×10 <sup>8</sup> )
<i>Campylobacter</i>	1,440	1,960,000	38,100
<i>Salmonella</i>	16,821	1,340,000	43,800

### PARASITIC & VIRAL F-BN DISEASE, REPORTED VS EST.

Species	Reported, 1998–2002	Estimated, annual
<i>Giardia</i>	119	200,000
<i>Toxoplasma</i>	0	112,500
<i>Trichinella</i>	33	52
Hepatitis A	981	4,170
Noroviruses	27,171	9,200,000

### FoodNet data (annual)

Organism (all /10 <sup>6</sup> people)	1996– 1998	2005
<i>Cryptosporidium</i>	26.8	29.5
<i>Cyclospora</i>	1.6	1.5
<i>Vibrio</i>	2.4	2.7
<i>Yersinia</i>	8.9	3.6

### California Agriculture

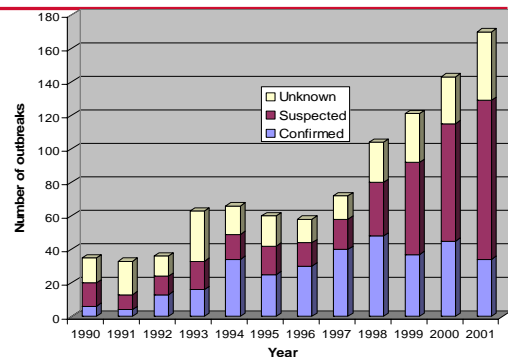
- Leads US: ~88,000 farms & ranches; related economic activity = \$100 billion
- Largest provider of milk & dairy products (\$47.4 billion)
- Leads the nation in agricultural exports (\$6.5 billion/yr)
- Large, diverse population



### Foodborne illness in California

- ◆ 9 million illnesses  
(viral>bacteria>parasitic)
- ◆ 39,000 hospitalizations  
(bacterial>viral>parasitic)
- ◆ 600 deaths  
(bacterial>parasitic>viral)

### Foodborne outbreaks in California 1990–2001



### Confirmed etiologic agents, CA

Etiology	<u>1999</u> # (%)	<u>2000</u> # (%)	<u>2001</u> # (%)	<u>2002</u> # (%)
Bacterial	35 (95)	27 (60)	21 (54)	20 (48)
Parasitic	1 (3)	1 (2)	3 (8)	0 (0)
Chemical	0 (0)	2 (4)	4 (10)	4 (10)
Viral	1 (3)	15 (33)	12 (31)	18 (43)
Total	37 (100)	45 (100)	39 (100)	43 (100)

### Foodborne outbreaks, California

Year	Outbreaks (Cases)	Increase	Confirmed # (%)	Suspected # (%)
1999	121 (3325)	20%	37 (31)	55 (46)
2000	141 (3716)	17%	45 (32)	71 (50)
2001	177 (2806)	25%	39 (22)	103 (58)
2002	207 (3355)	17%	40 (20)	143 (69)

### Specific agents in foodborne outbreaks, CA

Etiology	<u>1999</u> # (%)	<u>2000</u> # (%)	<u>2001</u> # (%)	<u>2002</u> # (%)
Norovirus	1 (3)	14 (31)	12 (31)	18 (45)
<i>Salmonella</i> (non SE)	9 (24)	13 (29)	5 (13)	8 (20)
<i>Salmonella</i> Enteritidis	14 (38)	6 (17)	1 (3)	1 (3)
<i>E. coli</i> O157	2 (5)	1 (3)	5 (13)	5 (13)
<i>Shigella</i>	5 (14)	3 (9)	7 (18)	2 (5)

### Food vehicle by year of outbreak, CA

Vehicle	1991–1995	1996–2000
<b>Produce</b>	1 (2)	29 (30)
Meats	17 (30)	14 (15)
Dairy	3 (5)	2 (2)
Eggs	12 (21)	17 (18)
Seafood	4 (7)	7 (7)
Multiple	7 (13)	16 (17)
Other	12 (21)	11 (11)

Includes only outbreaks with a confirmed etiologic agent.

### What about foodborne disease in other countries? (e.g., Europe)

- ◆ Some have no reporting mechanism
- ◆ *Salmonella* is almost everywhere—may be presumed foodborne
- ◆ *Campylobacter* often not sought

### Other countries?

- ◆ Viruses rarely reported (EU) — hepatitis A presumed foodborne in Germany
- ◆ “Undetermined etiology” vs. “other-and-unknown” and “infectious enteritis”
- ◆ UK’s special problem—vCJD

### CJD in the UK

Year	Sporadic	vCJD	Other
2001	58	20	9
2002	72	17	5
2003	76	18	11
2004	51	9	6
2005	65	5	13
2006	57	5	10

### Other countries?

- ◆ Some countries seem not to consider foodborne disease from food prepared and eaten at home, whereas others take this very seriously.
- ◆ Canada similar to U.S., except that foodborne virus disease is rare, and acute illness is sometimes attributed to yeasts and molds.

### Other countries?

- ◆ European Union now has a program; Australia and New Zealand seem to be on the way
- ◆ Pan American Health Organization—Latin America & Caribbean

### What might we aspire to?

- ◆ More timely reporting
- ◆ More complete reporting
- ◆ Measures of severity and economic impact
  - Monetary costs
  - “Human” costs
- ◆ **FoodNet**

### Prognosis for foodborne disease reporting

- ◆ From physicians to national health services, incentives to report are lacking
- ◆ **FoodNet**
- ◆ Undetected problems don't require solutions (disincentives)
- ◆ Who speaks for the public?

### Summary

- ◆ Information on incidence of foodborne disease = "educated" (?) guesses
- ◆ This ignorance has led to misapplication of limited resources for food safety

## **Summary**

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- ◆ Ignorance persists because of political expediency
- ◆ The "public" is unlikely to make things better
- ◆ FoodNet may make a difference